



The Nuts: Bedtime at the Nut House by Eric Litwin

Related Books:

- Sugar Would Not Eat It by Emily Jenkins
- Stalling by Alan Katz
- Beatrice Doesn't Want To by Laura Numeroff
- Little Hoot by Amy Krouse Rosenthal
- Pirates Don't Take Baths by John Segal
- 1000 Times No by Tom Warburton
- Bedtime for Monsters by Ed Vere
- Bedtime is Canceled by Cece Meng
- Dinosaur vs. Bedtime by Bob Shea
- What! Cried Granny: An Almost Bedtime Story by Kate Lum
- Acorns Everywhere by Kevin Sherry
- Frisky Brisky Hippity Hop by Susan Lurie
- Oh, Nuts! by Tammi Sauer
- Ol' Mama Squirrel by David Ezra Stein
- One More Acorn by Don Freeman
- Nuts! By Paula Gerritsen
- Monkey Nut by Simon Rickerty
- Nuts to You! By Lois Ehlert
- Earl the Squirrel by Don Freeman
- Nutley the Nut-Free Squirrel by Stephanie Sorkin

Rhymes:

Dance Your Fingers

Dance your fingers up,
Dance your fingers down,
Dance your fingers side to side,
Then dance them all around.
Dance them on your shoulders,
Dance them on your head,
Dance them on your knees,
Then put them straight to bed.

Good Night

One fluffy quilt on my bed,
Two little pillows on my head,
Three teddy bears to hold tight
Four kisses from Mom for a restful night,
Five hugs from Dad, and off goes my light!
Good night!

Big Yellow Moon

Big yellow moon shines so bright, (*circle overhead*)
Glides across the starry night (*arms left to right*)
Looks down at me (*hand shades eyes*)
Asleep in bed, (*head on hands*)
Whispers, "Good night sleepyhead." (*shh*)
Big yellow moon, your turn is done (*move arms down*)
Here comes Mr. Morning Sun (*circle overhead*)
I wake up. (*arms stretch out*)
You go to bed. (*head on hands*)
"Sleep well, Moon, you sleepyhead." (*shh*)

Songs:

Twinkle, Twinkle Little Star

Ten in the Bed

There were ten in the bed (hold up 10 fingers)
And the little one said, "Roll over, roll over" (make rolling motion)
So they all rolled over and one fell out (hold up one finger and surprised face)
...count down until
There was one in the bed (hold up one finger)
And the little one said, "I've got it all to myself!" (spread out arms)

Squirrel Song

Sing to the tune: "The Wheels on the Bus;" act out the words as we sing.

1. The squirrels in the tree run up and down.
2. The squirrels in the tree gather lots of nuts.
3. The squirrels in the tree make nests of leaves.
4. The squirrels in the tree get sleepy and rest.

Activities:

Acorn Animals

<http://blog.landofnod.com/honest-to-nod/2012/01/acorn-animals.html>

Simple Acorn Craft

<http://kiboomukidssongs.com/fall-season-acorn-song-and-paper-craft/>

Coloring Sheets:

Squirrel and acorns

<http://www.education.com/worksheet/article/color-squirrel/>

Nuts

<http://www.free-coloring-pages.com/page/alphabet-18.html>

Night Sky

Dip star-shaped cookie cutters in yellow and white paint and stamp on blue and black construction paper.

Starry Sky

Glue moon and star shapes onto black construction paper.



For Nut family songs, videos and activities please visit www.thenutfamily.com