



Fry Bread
by Kevin Noble Maillard

Recommended books:

Before We Eat: From Farm to Table by Pat Brisson

Bowwow Powwow by Brenda J. Child

Rainbow Stew by Cathryn Falwell

We Are Water Protectors by Carole Lindstrom

Where Are You From? by Yamile Saied Méndez

Thank You, Omu! by Oge Mora

Bee-Bim Bop! by Linda Sue Park

Jingle Dancer by Cynthia Leitich Smith

We Are Grateful: Otsaliheliga by Traci Sorell

Green is a Chile Pepper: A Book of Colors by Roseanne Greenfield Thong

Fingerplays and Action Rhymes:

Slice, Slice, The Bread Looks Nice

Slice, slice (draw an X on child's back)

The bread looks nice (rub a circle)

Spread, Spread (Pretend to spread butter)

Butter on the bread

Some jam on top (tap on child's head)

To make it sweet

And now it's good enough to eat. (play nibble/bite your child without hurting him/her)

Yumyumyumyum (blow kisses or kiss top of head)

Five Little Hot Dogs

Five little hot dogs frying in a pan, (Hold up 5 Fingers)
The grease got hot and one went BAM! (Clap hands)
Four little hot dogs frying in a pan, (Hold up 4 Fingers)
The grease got hot and one went BAM! (Clap hands)
Three...
Two...
One...
No little hot dogs frying in a pan. (Hold up fist)
The grease got hot and the pan went BAM! (Clap hands)

Ten Red Apples

Ten red apples grow on a tree (Both hands high)
Five for you and five for me. (Dangle one hand and then the other)
Let us shake the tree just so (Shake body)
And ten red apples will fall below (Hands fall)
1,2,3,4,5,6,7,8,9,10. (Count each finger)

Songs:

“My Family” by Laurie Berkner

“If All of the Raindrops” from the CD, *Songs for Wiggleworms*

“I Love Bread!” by Parry Gripp

Activity: Homemade Play Dough

Ingredients

- 2 cups all-purpose flour
- 3/4 cup salt
- 4 teaspoons cream of tartar
- 2 cups lukewarm water
- 2 Tablespoons of vegetable oil
- Food coloring, optional

Instructions

Stir together the flour, salt and cream of tartar in a large pot. Next add the water and oil. If you're only making one color, add in the the color now as well. Cook over medium heat, stirring constantly. Continue stirring until the dough has thickened and begins to form into a ball. Remove from heat and then place inside a gallon sized bag or onto wax paper. Allow to cool slightly and then knead until smooth. If you're adding colors after, divide the dough into balls (for how many colors you want) and then add the dough into the quart sized bags. Start with



about 5 drops of color and add more to brighten it. Knead the dough, while inside the bag so it doesn't stain your hands. Once it's all mixed together you're ready to PLAY.

Store the play dough inside the bags once done to keep soft. Keeps for up to 3 months

Recipe from <https://www.iheartnaptime.net/play-dough-recipe/>